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Addressing gendered career decision-making: adapting career guidance and counselling practice to the contemporary family unit

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ABSTRACT

For continued applicability, career development theory requires ongoing critique, review and interpretation to meet the needs of individuals in society, and to ensure that career decision-making processes of young people in gendered contemporary career pathways can be applied to guidance practice to ensure inclusivity.

In this project, these two themes combine to address why some vocational routes remain out of bounds to young people for social and cultural reasons.

A study of young people’s career decision-making was undertaken as part of a doctoral project examining how gendered career decision-making affects young people’s career decision-making to modernised apprenticeships in Scotland.

Using the Scottish Modern Apprenticeship programme as a data source, the research considers both the decision maker and the individual that influence people’s career decisions, with a specific focus on the modern family structure.

The study relates to equality and inclusion agendas in vocational training, in further and higher education and in employment and to the economic impact of skills (under-)utilisation.

Introduction and context

While the labour market and the workforce are constantly changing, persistent labour market access issues present ongoing challenges, albeit in new contexts. Research into modernised apprenticeship provision across the UK and in Scotland over the past 20 years has focused on the presentation, and economic and social impact of persistent occupational segregation (e.g. Campbell and Gillespie, 2017; Campbell et al., 2013; Campbell et al., 2009; Fong and Phelps, 2008; Walker and Zhu, 2007; Campbell, McKay and Thomson, 2006) with less focus on the career decision-making processes of individuals. Global pressure to address occupation segregation in vocational education and training (VET) is constant, but despite ongoing efforts the problem remains prevalent.

The relationship between family, career decision-making and the implications for gendered career choice are underexplored (e.g. Ginerva, Nota and Ferrari 2015; Lawson, Cruyter and McHale, 2015; Grinberg 2015; Palladino Schulteisz 2002; Leong 2001). Recent research continues to suggest that mothers are the most cited source of career guidance in the family unit (Indecon, 2019) yet the changing nature of families and home life affects young people’s career decision-making. Do ‘non-traditional’ family structures and other close influences have the potential to reduce gender bias in career decision-making? Is this linked to sibling gender frequency or main-parenting? In the contemporary family unit, do young people look elsewhere within their ‘community’ for their influences?

Embedded Mixed Methods Design of the study:
Occupational Segregation in Modern Apprenticeships: Gendered Career Decision Making

Findings to date (September 2019)

The work is of a fixed mixed methods design (Figure 1). Adopting an explanatory sequential design, phase one is quantitative data collection with the objective to develop and test hypotheses regarding career decisions of typical and gender atypical Modern Apprentices.

The project undertook the largest survey (2018) to date of modern apprentices in Scotland focusing specifically on the relationship between gender and VET. The self-administered questionnaire used an online tool due to the number of responses required, geographic location of the sample, complexity, opportunity to complete the survey using multiple devices and (e.g. smartphone, tablet, laptop) and for ease of data extraction. It was available in English and Gaelic, and 464 responses in total were received.

The quantitative data shows expected trends in relation to gender and an expected gender split in response rate, with no marked anomalies. Initial descriptive statistical findings at macro level and simple hypotheses testing of the quantitative data collected through the survey instrument have shown:

• The proportion of apprentices born in a multiple birth is significantly higher than the instance in the general population.
• The number of apprentices from lone parent households is significantly high
• The number of apprentices identifying as LGB in the 24-35 age range is significantly high
• The majority of Modern Apprentices consult their parent/guardian/carer to obtain career guidance
• There is no statistically significant difference in the proportion of Modern Apprentices consulting male or female parents/guardians/carers, family members or other adults overall
• Modern Apprentices lack knowledge of their framework and support

Next: Advanced hypotheses testing is underway, and qualitative interview participants for case vignettes identified. Indicative data from this smaller sample, with sample members chosen for their demonstration of non-traditional career choices, provides context for the quantitative findings. The focus in the interviews is to capture biographical information and data on the participants’ responses to past career decisions, to look for patterns in behaviour and process, consider the weighting placed upon family influences and offer a snapshot of specific aspects of career decision-making. Interviews adopt a ‘practice-informed’ biographical interview model and a Social Cognitive Career Theory framework is to be used for narrative analysis.