



Tackling Societal Challenges in Health

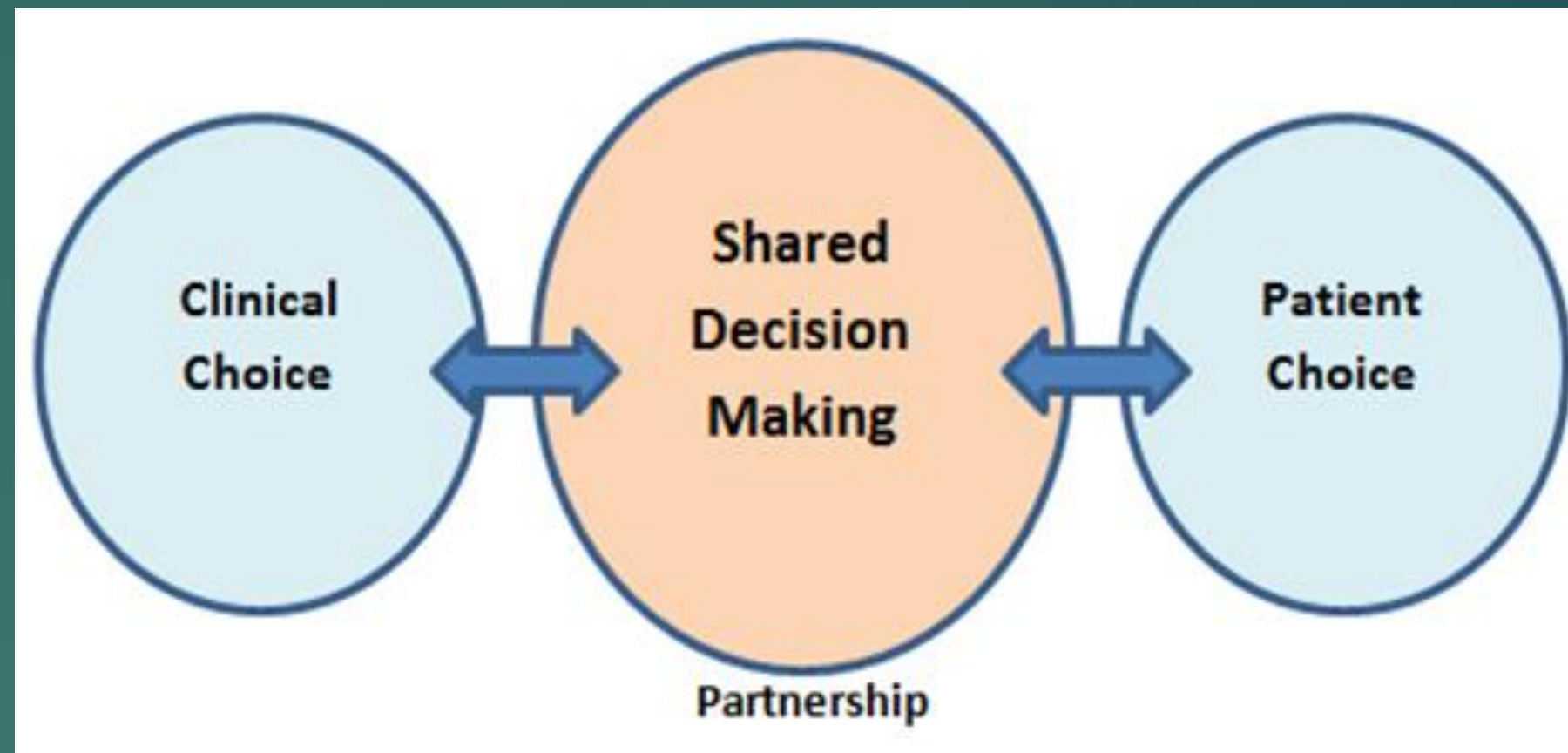


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Background:

Shared decision-making (SDM) is a practice in which patients and clinicians work in partnership to choose treatments, management packages, support packages, or tests based on the patient's informed preferences and clinical evidence. Decision aids (DAs) are tools that help people become involved in decision making by making explicit the decision that needs to be made, providing information about the options and outcomes, and by clarifying personal values. Whilst SDM is aimed to be standard practice in healthcare within the UK and DAs should be used to assist the SDM process, successful implementation of SDM and DA are patchy and not currently the norm.



"Anything that's basically, we think something is a good idea and we're, we've spoken to our patients, we can actually facilitate work, then we actually go ahead and do it but we've not actually used any tools to-, to start a service like that."

Aims:

- The aim of this study is to identify existing good practice in the development of shared decision aids through gathering examples of current practice in the use, design and implementation of shared decision-making aids in Scotland's NHS Boards.
- Also to gather healthcare professional's views on decision aids including what makes a decision aid an example of best practice.



"Shared decision and decision aid tools... it's still relatively new to the organisation and therefore, in a program to roll it out."

Methods:

- 9 healthcare professionals from 7 NHS boards/regions were interviewed either over the phone or face-to-face.
- The interviews were audio recorded, transcribed and thematically analysed.



"Time, I think is the biggest constraint. If you were to ask any clinician about the biggest constraints on anything, any aspect of clinical care, it's always going to be time."

Conclusions & Next Steps:

- The use of DAs & SDM is still relatively new for most boards/areas.
- Involving as many stakeholders as possible in the development of the DAs is crucial for it's success
- Survey patients with chronic pain and relevant healthcare professionals on attitudes, opinions and experiences of SDM, DAs and treatment of condition
- Create a pen and paper copy of DA for chronic pain and get feedback from relevant stakeholders



"I think visual stuff... would probably be something that would be much more positive..."

References:

- Coulter, A. & Collins, A. (2011). *Making shared decision-making a reality: No decision about me, without me*. London: The King's Fund.
- The Ottawa Hospital Research Institute. (2014). *Patient Decision Aids: Implementation Toolkit*. Retrieved from <https://decisionaid.ohri.ca/implement.html>
- The Scottish Government. (2016). *A National Clinical Strategy for Scotland*. Edinburgh, Scotland: The Scottish Government.
- Légaré, F., Ratté, S., Gravel, K., & Graham, I. D. (2008). Barriers and facilitators to implementing shared decision-making in clinical practice: update of a systematic review of health professionals' perceptions. *Patient education and counseling*, 73(3), 526-535.



"I think it's working with a wide group of people, so not just clinicians, but nursing and AHP and pharmacy as well as patients, would be important."

Designing and Validating a Methodology for Shared Decision-making (SDM)

Discussion:

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Theme 1:

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Theme 2:

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Sub-theme 1:

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Sub-theme 2:

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